



# Broker Insights

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August 22, 2024

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Sutter Health Plus has news and resources for you and your clients. Please read on and share this important information.



## Primary Care Clinic Breaks Ground in Modesto

On July 30 Sutter Health took a big step forward in advancing healthcare in the Greater Central Valley by breaking ground on a Graduate Medical Education (GME) training and teaching facility in Modesto, aiming for a spring 2025 opening. This space will provide medical residents with comprehensive training in Sutter’s medical programs and will provide surrounding communities greater access to high-quality care. “Once opened, the GME Continuity Clinic will stand as another example of our dedication to improving healthcare access in Modesto,” said Gino Patrizio, Sutter’s president of the Greater Central Valley. “By integrating resident education with patient care, we are fostering a healthcare model that benefits everyone.”

Read more about Sutter’s expansion efforts [here](#).

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## Managing Daily Stressors with Self Care by AbleTo

Life can be unpredictable at times, which can often lead to stress. Dealing with day-to-day challenges may feel overwhelming and learning how to cope is vital to our overall wellbeing. Sutter Health Plus offers members 13 years of age and older access to Self Care by AbleTo featuring confidential, self-paced support for emotional, behavioral and mental wellness – available 24/7 via online or mobile app at no extra cost through U.S. Behavioral Health Plan, California (USBHPC), a subsidiary of Optum.

Encourage your clients to share with their employees today:

1. Call Member Services at 855-315-5800 to obtain the access code.
2. Download the AbleTo app from the [App Store](#) or [Google Play](#) and follow the prompts or visit [AbleTo.com/begin](https://www.ableto.com/begin) and select the Get Started button.
3. Select program sponsor: Sutter Health Plus
4. Enter the access code.
5. Answer a few brief questions and create an account.

Learn more about AbleTo at [liveandworkwell.com](https://liveandworkwell.com).

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## Monthly Engagement Toolkit by Optum

To support members' health and wellbeing, Optum is offering a monthly engagement toolkit that includes timely content and resources.

The **August engagement toolkit focuses on how to help support young people's mental health**, including tips and tools for building their resilience, managing major transitions and how to cope with traumatic life events.

Instructions for employers:

1. Go to [yousupported.com](https://yousupported.com) and click on the "Organization and employer resources" tile.

2. Enter your company access code: sutter
  3. Review this month's engagement toolkit.
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## Sutter Health Plus Closed Labor Day

Sutter Health Plus will be closed Monday, September 2 for Labor Day. Members will still have access to assistance from 8 a.m. to 7 p.m. by calling Member Services at 855-315-5800.

### Here for You

We know that in many cases you are employers' sole source of health benefit information. It is our goal to be the health plan of choice for you and your clients. We appreciate your business, and we are here to make your job easier.

The [Sutter Health Plus Sales team](#) is here for you.

## Sutter Health Plus Newsroom

The following articles are published in the [Sutter Health Plus newsroom](#) and shared across our social media channels. Please also share the articles with your clients.



**Network Hospitals  
Recognized for  
High-Quality Maternity  
Care by CMQCC**

### **Network Hospitals Recognized for Maternity Care by CMQCC**

Sutter Health Plus network hospitals consistently achieve some of the lowest C-section rates in California. Recently, 13 network hospitals earned recognition by the California Maternal Quality Care Collaborative (CMQCC).

[Read More](#)



**Network Medical  
Groups Earn Top Marks  
on State Report Cards**

### **Network Medical Groups Earn Top Marks on State Report Cards**

Nine Sutter Health Plus network medical groups earned four stars or higher in quality of care or patient experience – or both – for care provided to patients enrolled in a Commercial Health Maintenance Organization, or HMO plan.

[Read More](#)

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