



Premium mental health benefits that minimize the out-of-pocket costs for members

Beam offers a richer Headspace Care plan compared to California medical plans¹

	 Headspace Care with Beam	Blue Shield of California	Kaiser Permanente	Cigna of California
Digital Library	Full access to content library	Not included	Not included	Not included
Behavioral Coaching	Unlimited mental health coaching	Unlimited mental health coaching	90 consecutive days per year	Unlimited mental health coaching
Clinical Therapy	6 sessions of therapy at no cost included	Not included, subject to medical co-pay	Not included, subject to medical co-pay	Not included, subject to medical co-pay
Access	Full Access	Limited Access	Full Access	Full Access

Get access to unique features, only with Beam¹

	 Headspace Care with Beam	Blue Shield of California	Kaiser Permanente	Cigna of California
Dependent Support	Supports up to 5 dependents 13+	Supports dependents 18+	Supports dependents 18+	Supports dependents 18+
Group Usage Reporting	Utilization data is available monthly	No employer-level reporting or visibility	No employer-level reporting or visibility	No employer-level reporting or visibility
Member Activation	4 kickoff emails + communications	No member communications	No member communications	No member communications

Disclosures

¹Product comparison information provided by Headspace on May 17th, 2024.

This is provided for informational purposes only and does not constitute an offer or a guarantee of coverage. Beam Benefits, in partnership with Headspace, offers Headspace Care as a supplemental non-insurance benefit. Headspace Care with Beam is not a covered benefit under any health plan, and participation in Headspace Care does not affect any health insurance coverage you may have. Beam Benefits markets, quotes, bills, and provides group-level benefit administration, while Headspace provides member-level services for Headspace Care.

Headspace Care does not alter the terms of any insurance policy issued by Beam Benefits or any of its partners. Coverage under any insurance policy is governed solely by the terms of the policy itself, and not by any statements or representations made in this quote. Coverage is subject to underwriting approval and may not be available in all states or for all groups. Benefits and services may vary based on location, group size, and plan design and are subject to change without notice.

For full terms and conditions of the services provided by Headspace Care with Beam, please refer to the Headspace Care agreement. By utilizing Headspace Care, you agree to be bound by the Headspace Care terms and conditions and acknowledge that Beam Benefits is not responsible for the provision of Headspace Care services.

For any questions or to proceed with a Headspace Care quote, please contact your Beam Benefits representative or the support team at Beam Benefits.

Headspace and Beam Benefits are separate and non-affiliated companies.

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Why Beam?

Beam takes a modern approach to delivering simplified benefits plans that are easy to understand, easy to implement, and easy to use.

Get started with Beam today!

Questions help.beambenefits.com

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