KAISER PERMANENTE. | Business

National News



Hello valued partner,

Diabetes is a top cost driver — technology can help minimize the impact

Diabetes is a top driver of health care costs for employers, with businesses paying more than \$12,000 in annual health care costs for employees with diabetes compared with their nondiabetic peers.^{1,2} Employers are searching for high-impact solutions to help them reduce or control these costs. <u>Read this article</u> to learn how new telehealth technologies like remote patient monitoring and virtual care can improve diabetes management for your employees as well as reduce the impact of the disease on your bottom line.

Support your employees who are caregivers

November is National Caregiving Month – an average of 20% of employees provide care for a loved one and more will become unpaid caregivers over time.³ Read this <u>article</u> to help cultivate a workplace where caregivers feel better supported.

Kaiser Permanente has <u>tools and resources</u> designed to support caregivers every step of the way, including our <u>act for a family member option</u>.

Highly Rated: Kaiser Permanente Medicare Health Plans

Our Medicare health plans earned high star quality ratings for 2025 in every Kaiser Permanente market and increased overall ratings from 2024 to 2025 in 6 of 7 markets. Learn more.

Monthly Health Topic: Diabetes Management

More than one-quarter of U.S. adults have prediabetes. ⁴ <u>Share</u> <u>these resources</u> with your employees to help them understand the risk factors and learn how diabetes can be prevented and managed.



Regional News

Small group self-service feature now available

You can now make physical address changes and view full medical record numbers through the "Manage Members" display. Visit the "Updating an email or physical address" section of our small business service tips page to learn about your submission options. Ensuring that we have the most current information is important when we deliver renewals electronically. <u>Get started</u>. Please also note that the <u>2025</u> <u>Employer Application</u> is now available.

Small Business limited time special enrollment

From November 18, 2024, through January 31, 2025, Kaiser Permanente Small Business will hold a special open enrollment for eligible employees who are enrolled in a competitor's plan or newly eligible employees who live or work within the Monterey County service area expansion zip codes, to enroll in any of our existing Kaiser Permanente plans for a January 2025 effective date; you may add employees through the manage members feature on <u>business.kp.org</u>, submit the <u>Employee Enrollment</u> form, or process through API/EDI file feed directly into Kaiser Permanente.

New member welcome program

Our new member welcome program helps new members easily engage with Kaiser Permanente. Educate them on what they need to do to get started and encourage them to provide accurate phone numbers to benefit from this program.

Discover more

New fitness offering: One Pass Select Affinity™ from Optum

Encourage your employees to embrace healthy lifestyles with One Pass Select Affinity, starting January 1, 2025. They can access 19,000+ gyms, boutique fitness studios, and wellness services. Learn more.

Supporting mental health & wellness

Discover how we provide accessible mental health care to keep your employees healthy and engaged. Learn more.

1. "2024 Large Employer Health Care Strategy Survey," Business Group on Health, August 22, 2023.

2. Parker et al., "Economic Costs of Diabetes in the U.S. in 2022," Diabetes Care, January 2024.

3. Katy McGuinness, "One in Five U.S. Employees Serves as an Unpaid Caregiver," The Hill, July 7, 2023, thehill.com/lobbying/4085137-one-in-five-us-employees-serves-as-an-unpaid-caregiver.

4. CDC.gov/diabetes.

Kaiser Permanente

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