

Broker Insights

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Sutter Health Plus Newsroom

Sutter Health Plus has news and resources for you and your clients. Please read on and share this important information.



No-Cost Flu Vaccines Now Available

Getting a yearly flu vaccine is the best way to protect against influenza and prevent spreading the illness to others. The ideal time to get vaccinated is from September through November. This year's flu vaccines are available at no cost for members 6 months and older at the following locations:

- **Sutter flu vaccine clinic:** Members 6 months and older can schedule an appointment through [My Health Online](#) or call [844-987-6115](tel:844-987-6115).
- **Network pharmacies:** Members should call ahead to check for availability and ask if they need to schedule an appointment.
- **Primary care physician offices:** Members can receive their flu vaccine at their doctor's office when they are there for an appointment for another reason. An office visit copay may still apply but the flu vaccine is covered at no cost.

Please also share our [Flu Vaccine Flyer](#) with your clients.

New Offering — Ria Health

At Sutter Health Plus, we believe caring for mental health is as important as physical health. A new offering through U.S. Behavioral Health Plan, California, a subsidiary of Optum, is Ria Health — an innovative telehealth alcohol treatment program that uses medications, online counseling and support to help members age 18 years and older achieve lasting results. When a member receives services through Ria, they can get up to seven consecutive days of services for the cost share of only one outpatient office telehealth visit. Members can visit the Member Portal to check their Evidence of Coverage for details.

Learn more and share the [Mental Health and Substance Use Disorder Benefits flyer](#) with your clients.

2025 Rate Guides

The Sutter Health Plus rate guides for plans effective on or after January 1, 2025 are now available – Use Jan. 1, 2025. Located on the [Broker Portal](#) you'll find:

- [Q1 2025 Small Group Rate Guide](#)
- [2025 Small Group Optional Benefit Rates](#)

2025 Application and Enrollment Forms

The Sutter Health Plus 2025 small and large group applications and enrollment forms are now available. Located on the [Broker Portal](#) you'll find:

- [Large Group Employer Application](#)
- [Small Group Employer Application](#)
- [Large Group Enrollment Form](#)
- [Small Group Enrollment Form](#)

For questions or more information, please contact your account manager.

In Your Community: Valley and Bay

We have updated the In Your Community guides where you can find nearby hospitals, urgent care, care centers and more.

- [In Your Community: Valley Area](#)
 - [In Your Community: Bay Area](#)
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Reminder: New Employer Change and Termination Request Forms

A new [Employer Change Request Form](#) is now available to help streamline the process of notifying the health plan of employer group changes, such as company address or contact

information. Please note: this form is not used to make membership changes such as adding, removing or changing member information.

Additionally, a new [Employer Termination Request Form](#) is available for groups terminating group coverage with Sutter Health Plus. We highly encourage this comprehensive termination form to be submitted at least 30 days before the requested termination date.

Monthly Engagement Toolkit by Optum

To support members' health and wellbeing, Optum is offering a monthly engagement toolkit that includes timely content and resources.

The **September engagement toolkit focuses on suicide prevention and recovery**, including resources and tools to support the individual and people close to them.

Instructions for employers:

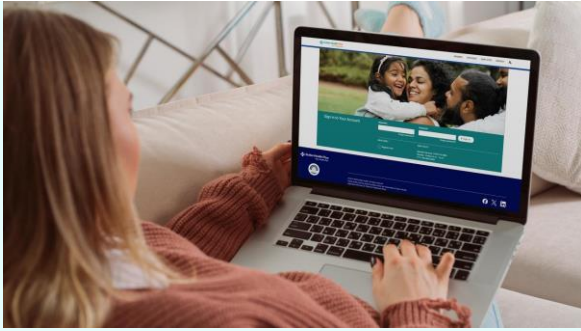
1. Go to yousupported.com and click on the "Organization and employer resources" tile. Enter your company access code: sutter
2. Review this month's engagement toolkit.

Here for You

We know that in many cases you are employers' sole source of health benefit information. It is our goal to be the health plan of choice for you and your clients. We appreciate your business, and we are here to make your job easier.

The [Sutter Health Plus Sales team](#) is here for you.

The following articles are published in the [Sutter Health Plus newsroom](#) and shared across our social media channels. Please also share the articles with your clients.



Managing Care with the Member Portal

Finding information at a moment's notice has become increasingly easier through smart technology – and that ease includes health plan information. Sutter Health Plus offers a convenient, user-friendly platform to help members manage their healthcare anytime, anywhere.

[Read More](#)



A Road to Recovery with Ria Health

A new offering through USBHPC, a subsidiary of Optum, is Ria Health – an innovative telehealth alcohol treatment program that uses medications, online counseling and support to help members age 18 years and older achieve lasting results.

[Read More](#)



Managing Care with the Member Portal

How people spend their day is important – with work, family and everything in between, checking items

off a “to-do” list can be challenging. Sutter Health Plus members can manage their health any place and anytime through My Health Online* (MHO).

[Read More](#)

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